



Lars Örtegren

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Experienced IT professional with over 10 years in IT and networking, driven by a passion for cybersecurity and solution architecture. Over the past three years, I have concentrated on IT security, developing proactive and automated security solutions. As an Operations Manager for Network Security, I blend technical expertise with leadership skills to ensure robust and scalable infrastructure. A natural problem solver, I am deeply committed to simplifying complex systems through innovative and efficient solutions.

Skills

Cyber Security

Cisco Umbrella | Cisco Secure Access | Microsoft Defender for Endpoint | Microsoft Sentinel | Blue Team Security | Open Source Intelligence | Digital Forensics and Incident Response | Multi-Factor Authentication | Web Application Firewall | Nmap | Hydra | Wireshark | Metasploit Framework

IT Infrastructure

PowerShell | SCCM | Microsoft Azure | Entra ID | VMWare ESXi | Microsoft 365 | Microsoft Intune | Active Directory | UMS Universal Management Suite | Windows Server | Hyper-V | SQL

Networking

Cisco AnyConnect | PRTG Network Monitor | Ubiquiti UniFi | Citrix Virtual Apps and Desktops | Citrix XenApp | NetScaler | Dynamic Host Configuration Protocol | Domain Name System

Experience

2023-2024, Norrköping, Ottobock

Technologies/Methods: Azure Cloud, Microsoft Sentinel, Cisco Umbrella, VMware ESXi, Hyper-V, PowerShell, ISO 27001 Compliance, Microsoft Defender for Endpoint, Automated Workflows.

As an operations manager for the network security team, I am responsible for the security operations of the network infrastructure globally.

With a great focus on security and performance, I implement server and network infrastructure using automated workflows.

I'm responsible for cyber security and monitoring of critical systems, while also creating solutions to address IT challenges at a national level.

Spearheaded cloud migration projects, successfully transitioning on-premises infrastructures to cloud platforms, resulting in cost savings and increased operational efficiency.

Conducted cybersecurity training programs for staff, fostering a culture of security awareness and best practices within the organization.

Collaborated with cross-functional teams to design and deploy innovative IT solutions that aligned with business objectives and enhanced user experience.

2021-2022, Norrköping Ottobock

Technologies/Methods: VMware, Hyper-V, Active Directory (Group Policy), MPLS, SD-WAN, Firewalls (IDS/IPS), PowerShell Automation, Windows Server 2019/2022, SAN/NAS Storage, ISO 27001 Security Practices.

Design and implementation of server and network infrastructure with a focus on security and performance, responsibility for cybersecurity and monitoring of critical systems, and development of solutions to address IT challenges at a national level.

Designed and implemented advanced server infrastructure using virtualization technologies like VMware and Hyper-V, optimizing resource utilization and reducing hardware costs.

Deployed and configured secure network environments, including firewalls, VPNs, and IDS/IPS systems, to ensure data integrity and protect against cyber threats.

Managed mid-scale Active Directory environments, implementing Group Policy and automated account provisioning to enhance security and simplify administration.

Led the setup of high-availability clusters for critical business applications, ensuring uptime and fault tolerance through load balancing and failover strategies.

Designed and maintained LAN/WAN networks, improving connectivity and performance for multi-site operations with solutions such as MPLS, SD-WAN, and advanced routing protocols.

Automated server and network configuration management using PowerShell, significantly reducing deployment times and human error.

Optimized storage solutions, including SAN, NAS, and cloud-based storage, to support growing data needs while ensuring redundancy and fast access times.

Managed migration projects, transitioning legacy systems to modern platforms such as Windows Server 2019/2022 while minimizing downtime.

Integrated security best practices into system design, including regular vulnerability assessments, encryption protocols, and compliance with standards like ISO 27001.

2018-2021, Norrköping Infocare

Delivery of technical solutions and support across a wide range of IT environments.

Implementation of infrastructure solutions for small and medium-sized businesses.

Implemented scalable network architectures for SMBs, ensuring seamless integration with existing systems while improving performance and reliability.

Provided **onsite and remote IT support**, troubleshooting hardware and software issues across various platforms.

Deployed **virtualized environments** using VMware and Hyper-V to optimize resource utilization and support client growth needs.

Configured **Active Directory environments**, implementing group policies to enforce security and streamline user management.

Performed hardware installations, replacements, and upgrades for servers, desktops, and network equipment.

Managed **Windows Server deployments** and supported migrations to newer platforms (e.g., Windows Server 2016/2019).

Ensured **network connectivity** and performance by managing switches, routers, and wireless systems (e.g., Ubiquiti UniFi).

Conducted **data recovery and backup implementations**, using tools such as Veeam and Windows Backup.

Maintained **IT security best practices**, including antivirus management, basic incident response, and vulnerability mitigation.

Employments

Ottobock

Operations Manager Network Security
2024, Norrköping

Ottobock

Systems Engineer
2022, Norrköping

Ottobock

Client Technician
2021, Norrköping

InfoCare

IT Technician
2018, Norrköping

Siemens SIT

IT Technician
2013, FINSPÅNG

Education

John Bauer / IT Networking

2009, NORRKÖPING

Personal

I'm a 34-year-old tech enthusiast from Norrköping and a proud father of three little monsters. At heart, I'm a gamer and have always been deeply passionate about technology. My professional focus lies in operational efficiency and proactive security, where I thrive on simplifying complex problems through innovative automated tools.

I enjoy tackling challenges head-on, breaking them down into manageable solutions that drive tangible results. Whether it's optimizing workflows, enhancing system reliability, or creating secure and efficient environments, I'm dedicated to delivering value through thoughtful innovation.

Outside of work, I embrace my love for gaming and spend quality time with my family, cherishing the perfect balance of creativity, fun, and personal growth. For me, technology isn't just a career—it's a lifelong passion that fuels my drive to keep learning and improving every day

References

References available upon request

Swedish driver's license and passport

Other